

BIOGRAPHICAL SKETCH			
NAME Jennifer Svaldi, Ph.D.	POSITION/TITLE Full Professor		
DATE/PLACE OF BIRTH May 5 th , 1975 Bolzano, Italy	Department of Psychology Clinical Psychology and Psychotherapy University of Tübingen		
Nationality Italien			
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	YEAR(S)	FIELD OF STUDY
University of Salzburg, Austria	B.Sc./ M.Sc/Ph.D.	1994-2002	Psychology
Bayerische Private Akademie für Psychotherapie, Munich, Germany	State License (Approbation)	2004	
University of Freiburg, Germany	Postdoc	2007-2014	Clinical Psychology

A. Positions and Employment

2001 - 2007	Psychologist/Psychotherapist at the inpatient psychosomatic clinic Roseneck, Germany
2007 - 2012	Postdoctoral fellow at the University of Freiburg, Germany
2012 – 2014	Assistant Professor at the Department of Clinical Psychology, University of Freiburg, Germany
2014 - present	Full Professor

B. Research grants (last three years)

2012-2015	German Research Foundation: Deficits in Emotion Regulation Skills as a Maintaining Factor in Binge Eating Disorder
2012-2015	German Research Foundation: Body Dissatisfaction in Binge Eating Disorder-Cognitive and Affective Mechanisms of Maintenance
2013	Research Innovation Fund of the Albert-Ludwigs-University of Freiburg: Mirror exposure for the treatment of body image distortion in Anorexia nervosa

C. Awards

2011	Christina-Barz Award: Award for excellent research in the field of eating disorders (30.000-€ together with Brunna tuschen-Caffier and Jens Blechert)
2014	Hilde Bruch Award: Award for young academics researching in the field of eating disorders (5000-€)

D. Peer-reviewed publications in the last five years (first and last authorship only)

- Matthies S, Philipsen A, Lackner HK, Sadohara C, **Svaldi J** (2014): Regulation of sadness via acceptance or suppression in adult Attention Deficit Hyperactivity Disorder (ADHD). *Psychiatry Res.* 220:461-467.
- Matthies S, Philipsen A, **Svaldi J** (2012): Risky decision making in adults with ADHD. *J Behav Ther Exp Psychiatry.* 43:938-946.
- Naumann E, Trentowska M, **Svaldi J** (2013): Increased salivation to mirror exposure in women with binge eating disorder. *Appetite.* 65:103-110.
- Naumann E, Tuschen-Caffier B, Trentowska M, Caffier D, **Svaldi J** (2015): The effects of a self-esteem manipulation on body dissatisfaction in binge eating disorder. *J Exp Psychopath.*

- Naumann E, Tuschen-Caffier B, Voderholzer U, Caffier D, **Svaldi J** (2015): Rumination but Not Distraction Increases Eating-Related Symptoms in Anorexia and Bulimia Nervosa. *J Abnorm Psychol.*
- Naumann E, Tuschen-Caffier B, Voderholzer U, **Svaldi J** (2014): On the role of sadness in the psychopathology of anorexia nervosa. *Psychiatry Res.* 215:711-717.
- Schmitz F, Naumann E, Trentowska M, **Svaldi J** (2014): Attentional bias for food cues in binge eating disorder. *Appetite.* 80:70-80.
- Svaldi J**, Ababneh M, Trentowska M, Tuschen-Caffier B (2011): Overgeneral memory retrieval in women with binge eating disorder is linked to binge frequency. *J Exp Psychopath.* 2:77-92.
- Svaldi J**, Bender C, Tuschen-Caffier B (2010): Explicit memory bias for positively valenced body-related cues in women with binge eating disorder. *J Behav Ther Exp Psychiatry.* 41:251-257.
- Svaldi J**, Brand M, Tuschen-Caffier B (2010): Decision-making impairments in women with binge eating disorder. *Appetite.* 54:84-92.
- Svaldi J**, Caffier D, Tuschen-Caffier B (2010): Emotion suppression but not reappraisal increases desire to binge in women with binge eating disorder. *Psychother Psychosom.* 79:188-190.
- Svaldi J**, Caffier D, Tuschen-Caffier B (2011): Attention to ugly body parts is increased in women with binge eating disorder. *Psychother Psychosom.* 80:186-188.
- Svaldi J**, Caffier D, Tuschen-Caffier B (2012): Automatic and intentional processing of body pictures in binge eating disorder. *Psychother Psychosom.* 81:52-53.
- Svaldi J**, Dorn C, Matthies S, Philipsen A (2012): Effects of suppression and acceptance of sadness on the urge for non-suicidal self-injury and self-punishment. *Psychiatry Res.* 200:404-416.
- Svaldi J**, Dorn C, Trentowska M (2011): Effectiveness for interpersonal problem-solving is reduced in women with binge eating disorder. *Eur Eat Disord Rev.* 331-341.
- Svaldi J**, Griepenstroh J, Tuschen-Caffier B, Ehring T (2012): Emotion regulation deficits in eating disorders: a marker of eating pathology or general psychopathology? *Psychiatry Res.* 197:103-111.
- Svaldi J**, Naumann E (2014): Neues aus dem DSM-5: Binge-Eating-Störung. *Info Neurologie & Psychiatrie.* 16:50-54.
- Svaldi J**, Naumann E (2014): Effects of Rumination and Acceptance on Body Dissatisfaction in Binge Eating Disorder. *Eur Eat Disord Rev.* 22:338-345.
- Svaldi J**, Naumann E (2015): Effects of rumination and acceptance on body dissatisfaction in binge eating disorder. *Eur Eat Disord Rev.*
- Svaldi J**, Naumann E, Trentowska M, Lackner HK, Tuschen-Caffier B (2013): Emotion regulation and its influence on body dissatisfaction in overweight women. *J Exp Psychopath.* 4:529-545.
- Svaldi J**, Naumann E, Trentowska M, Schmitz F (2014): General and Food-Specific Inhibitory Deficits in Binge Eating Disorder. *Int J Eating Disord.* 47:534-542.
- Svaldi J**, Philipsen A, Matthies S (2012): Risky decision-making in borderline personality disorder. *Psychiatry Res.* 197:112-118.
- Svaldi J**, Schmitz F, Trentowska M, Tuschen-Caffier B, Berking M, Naumann E (2014): Cognitive interference and a food-related memory bias in binge eating disorder. *Appetite.* 72:28-36.
- Svaldi J**, Trentowska M, Bender C, Naumann E, Tuschen-Caffier B (2014): A pilot study on the efficacy of an emotion-regulation training for women with binge eating disorder. *Zeitschrift Fur Psychiatrie Psychologie Und Psychotherapie.* 62:19-26.
- Svaldi J**, Tuschen-Caffier B (2014): Anorexia nervosa and Bulimia nervosa. In: Hofmann SG, editor. *The Wiley handbook of cognitive behavioral therapy.* Chichester, UK: John Wiley & Sons, Ltd., pp 568-591.
- Svaldi J**, Tuschen-Caffier B, Lackner HK, Zimmermann S, Naumann E (2012): The effects of emotion regulation on the desire to overeat in restrained eaters. *Appetite.* 59:256-263.
- Svaldi J**, Tuschen-Caffier B, Peyk P, Blechert J (2010): Information processing of food pictures in binge eating disorder. *Appetite.* 55:685-694.
- Svaldi J**, Tuschen-Caffier B, Trentowska M, Caffier D, Naumann E (2014): Differential caloric intake in overweight females with and without binge eating: effects of a laboratory-based emotion-regulation training. *Behav Res Ther.* 56:39-46.
- Svaldi J**, Zimmermann S, Naumann E (2012): The impact of an implicit manipulation of self-esteem on body dissatisfaction. *J Behav Ther Exp Psychiatry.* 43:581-586.